



5K Fun Run/Walk For Alzheimer's

Saturday, November 6, 2010



Registration: Begins at 7:00 AM Northgate at Menno Haven, 1500 Northgate Drive.

1mile Kids Fun Run Start: 8:30 AM **5K Race Start:** 9:00 AM (event held Rain or Shine)

1mile Kids Fun Run Cost: \$10 before 10/16/10 and \$15 after 10/16/10.

5K Race Cost: \$20 received before 10/16/10 and \$25 received after 10/16/10.

T-Shirts: All pre-registrants are guaranteed a short-sleeve t-shirt; same day registrants will receive a t-shirt as available.

5K Awards: Given to top 3 male and female participants. Stay after the race for door prizes and refreshments!

Course: Menno Haven campuses of Menno Village and Northfield

Go to www.mennohaven.org for Award Winners & Pictures!

PLEASE COMPLETE ALL INFORMATION BELOW, ONE PER ENTRY. DETACH AND RETURN TO HELEN KECKLER. KEEP THE TOP PORTION FOR YOUR REFERENCE!

Name: _____ Age: _____

Address: _____

Email (very important, this is how we send future entry forms) _____

Phone: _____

Circle T-Shirt Size: Adult: S M L XL XXL Child: S M L XL

RELEASE & CONSENT FORM: in consideration of the acceptance of my entry/my child's entry, I for myself or my child, our executors, administrators, and assignees...do hereby release and discharge Menno Haven Retirement Communities and any other organizers of this race and all other sponsors and organizers of all claims and damages, actions whatsoever in any manner arising out of my/my child's participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am/my child is physically fit and sufficiently trained to participate in this event. Further, I hereby grant full permission to any or all of the foregoing to use my/my child's name, photographs, videotapes, motion pictures, recordings or any other record of this event for any legitimate purpose without compensation or remunerations. A copy of the official registration and financial information may be obtained from the Pennsylvania Department of State by calling toll-free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.

Athlete Signature: _____

(Parent/guardian must sign for runners under 18 years of age)

Return Forms and Checks to:
Menno Haven Retirement Communities
Helen Keckler
2227 Scotland Avenue
Chambersburg, PA 17201

Questions: Contact Helen Keckler
hkeckler@mennohaven.org or 717-262-2373
Proceeds benefit:



MAKE CHECKS PAYABLE TO: Menno Haven